



“The Body Is More Than a Bag of Chemicals!”

An Interview with Peter Fraser
Professor of Traditional Chinese Medicine and Acupuncture,
Chief Scientific Officer of NES Health,
Author of “Decoding The Human Body-Field”
and “The Unturned Stone”





The Body Is More Than a Bag Of Chemicals!

This is a reprint of an interview by Quantum Health Magazine with Professor Peter Fraser from June 2010. Professor Fraser was the Chief Science Officer of NES Health. With his partner, Harry Massey, Professor Fraser mapped the Human Body-Field and put forth a new paradigm of information-based medicine.

Today, [NES Health](#) offers a cutting-edge system to detect and correct energetic distortions in the Body-Field which in turn repatterns the dis-information in the body's biochemistry and helping the body to heal itself.

QH: What turned you from Allopathic Medicine to Traditional Chinese Medicine?

PF: Back in the 70s I did yoga and I studied yogic philosophy, and then I studied the Buddhist psychology, about mind and body philosophy. That didn't satisfy me. I wanted things to fit.



None of it made any sense because the Indian material in yoga and the Chinese material don't fit with medicine. I later then started to question the relationship with biology and physics; why doesn't biology fit with physics? We have all these bits and pieces of information about us, that don't fit together; I couldn't make sense of it.

Now I've managed to fit a whole lot together in different systems of medicine from thousands of years ago to the present day. I don't think there are a whole lot of medicines. I think there's one medicine, and we don't understand it very well.

I lost a lot of teeth when I was a teenager and was forced to go to the dentist and have more and more extractions. I couldn't understand why I kept getting abscesses in my mouth and then even in 2003 when I met Harry Massey, I was still getting abscesses near the ears. But now I understand what was happening all my life, from age 15 to age 50-something; like Harry, I had chronic fatigue fairly badly.



QH: How did your chronic fatigue manifest itself?

PF: It's embarrassing. The thing I remember most about it is the humiliation. I'm moderately intelligent and I used to go out in Melbourne where I lived for 33 years, and get lost. On all those straight roads I got lost because you lose your sense of spatial awareness. You simply get in your car and drive out and you don't know where you are; I used to end up in tears in the car. I couldn't find my way home, and I am a grown man. I've lived there all my life. I found that humiliating in the extreme.

I began picking up leads about what it might be about and I wasn't very happy with any of the leads. That went on for years, in fact. In 2000 I finally met Harry. I'd only just managed to get myself better, because the thing about it is it relapses. You think you're better then six months later it's back again. You could take every vitamin and every pill in the world, it still comes back. It's a virus and it mutates.

At the age of 50, I gave up natural medicine well and truly. I was so sick and tired of herbalists, homeopaths, massage therapists,



hands-on people who said, “oh I can fix that, all you do...” People get tired of the outrageous claims and the silliness. There must be an underlying framework that all these things that work, a bit, are referring to. There must be a bog-standard theory of medicine that includes reiki, massage, taking oils, yoga, homeopathy, and so on; they’re all completely different, but what’s the same about them is that they are all about giving information to the body.

I can say that now in ten seconds, but it took 35 years to be able to see it. Because one thing that natural medicine has, is a lot of theories. But I’m not interested. To me it either works or it doesn’t work.



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QH: *So for you, what is the proof?*

PF: It’s got to work. I couldn’t tell you how many ideas I’ve dropped, including perfectly respectable ideas out of books about natural medicine. I studied books on herbalism, homeopathy, meditation; it just went on and on.

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I just naturally gravitated to it.

I was very disillusioned about the whole trip because they talk such a lot of nonsense. They're well-meaning, lovely people and they're nice. And I said yeah, you say this works and then you do it and it doesn't work, and the thing that natural medicine lacks is this underlying framework and this repeatability.

It's got to work in a substantial number of cases or people just say it was anecdotal.

Harry got better from chronic fatigue, great story; it's an anecdote. If you get a hundred people and 80 of them out of the hundred show significant improvement, that's a scientific sort of a statement or premise of interest.

I've got another story of chronic fatigue. I got better too.

I dashed about in the Australian bush collecting wild flowers and Edward Bach, the famous guy who did the Bach Flower remedies, was desperate and he gathered leaves and stuff, and found them useful. I got 132 different



Australian wild flowers. I sent them to the herbarium and got them identified and I thought, I'll do it this way. I was putting the whole disease outside myself and trying to find something outside that was working on me. Now, 30 years on and we're looking at the conflict inside and how we're relating to the outside. We're doing it all back to front.

QH: Let's say someone has psoriasis. How would your treatment differ from somebody else's, who claims to have the answer?

PF: With an infoceutical treatment we put them through a diagnostic matching test to see what they are like. We treat the healthy part of the body and leave the sick bit alone. It's the opposite of what everybody else does. We treat health and not sickness.

So with psoriasis, you usually get that on the elbows, knees and maybe around the ears. We treat the good parts of the skin. Nobody can fix psoriasis; everyone can fix it and it comes back next week.



So we took another approach. We're up against a medical system that hands out drugs that are toxic, to anybody, at the drop of a hat. We've got a hospital system that takes bits out if they don't work. Would you go to a mechanic with your Ferrari and he says this bit doesn't work (he throws it out), this bit doesn't work? And sure your body can keep working pretty well without a whole lot of its bits, but I don't see health as handing out toxic substances or removing bits that don't work. I see it as making it work better than it was.

We're talking about healthcare instead of medicine, but we need medicine.

You get a broken leg or a broken neck, you're in a car accident and you've got to have emergency care and they are very good and very devoted at it. So I don't see the conflict.

What we're saying is saying, there are a certain number of people in the community who want to achieve more, to get rid of some



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of their aches and pains and ailments and we can help them, we can show them how to do it.

QH: Did you have a “Eureka” moment with your discoveries?

PF: I had “Eureka” moments for ten years or so, and then a biologist scientist picked me up and gave me a few hundred thousand dollars and said hey, let’s develop this, and it kept coming back, it wouldn’t die.

We realized that the body is more than a bag of chemicals. Treating it at the chemical level is fine but what’s the use in talking to the employees when you can go to the head office; we’re looking for the control system. Can we correct where the problem’s going wrong instead? If you ask me, the disease is a car crash, it’s what happened as the result; we need to go back two hundred meters to find out what started the car crash. So if you like, why treat the result when you can get at the cause, and the cause is by no means clear.

What we’ve done is tried to use Chinese Medicine and traditional Indian Ayurvedic

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Medicine ideas which are very ancient and they've stood the tests of time. They are still going. We're picking up clues from tracing ancient medical systems and finding out a scientific way of evaluating them. Otherwise if you haven't got some sort of scientific way of testing something, you're a philosopher. If you've got a rigorous, objective test, you're a scientist.

And I think I'd rather go to a scientist for health and healing than a philosopher; I want to know that something has been tried properly and evaluated.

The biggest breakthrough, in the mid 1990's, was finding a tool for measurement of something we had been trying to measure for 80 years; physicists didn't know how to make measurements of the quantum field. So they got an elaborate mathematics device by Richard Feynman and other great physicists. They've done it. We know how the quantum field works but we still can't measure it.

I think the greatest thing that we've done in 20 or so years of research is to find a way of how the field works which will trick us into what's happening.



QH: What is the field?

PF: Today I understand it. It's a mindset thing. If energy moves through space, it creates a field. Why it does this is because the energy itself is structured, and as Harry says, we are looking at the structure of matter, which is in fact, just energy in space.

Believe it or not, the physics of space hasn't been studied. They've studied everything else. Space is full of waves and we've found ways to evaluate what we think is happening in space because we're getting inter-reactions of different fields. You can imagine the complexity of the body; the number of inter-reacting fields that are there. If the fields are the control mechanism for the body and the cause of disease, it's so complex. It's very daunting to know where you would start to try to sort it out.

The Chinese have already got it into categories, haven't they? We found out that ancient Chinese medical knowledge was spot on, but just not expressed in a scientific way. You know, we've been kicking goals for years, and I think we're getting to the point now where we can stick our hands up and say, "I

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think we've kicked some goals here!" And maybe we can help with healthcare. That's the stage of development we're at, and we can see that it's got enormous possibilities that have been ignored in our culture.

QH: Let's examine the science; men in white coats still think this is spurious.

PF: I have an ice-cream man's jacket but what happens with the science isn't the jacket, it's here in your head and it's being able to take the blinkers off a little bit. It's like Zen Buddhism; it's about being able to see things as they really are without preconception. Can you believe how hard it is not to have preconceptions about medicine and health? From the moment you are born somebody is telling you, 'don't do this, do that'! It's brainwashing.

Starting again from scratch is what I tried to do, with no preconceptions. You ask very basic questions about what is energy; does it move, why does it move, how does it react with other energy? We had to go back to very, very basic particle physics to get a paradigm to explain what we thought was



happening in Chinese medicine. It was incredible.

QH: How does physics deal with medicine and health?

PF: Here we've got this colon meridian, it's meant to be an energy channel. You say what sort of energy is it? Why can't anybody detect it? This is the scientist's approach. You've got to say what the energy is. Is it electromagnetic? Is it magnetic? Is it some sort of quantum field? Is it electrical? Is it photonic? That's the only energies there are.

The first thing we discovered is there's no mysterious life energy that the physicists haven't discovered yet. That was all chi, the life energy. So that was all one big theory down the drain, but there's something about quantum physics that looks really interesting.

We know we can't detect a physical energy channel in the body. We don't have any device to measure it or track it because we don't know what the energy is. We started there. What kind of energy is travelling through the body that is supposed to be the control system, and how do we measure it? It was a



long series of fortuitous events led us towards finding physicists existing, two or three big physicists who are on our side, who are saying what we are saying and agree with our observations.

We found Milo Wolfe, a Physicist in America, whose idea of the structure of the atom enables us to have energy travelling from one place to another, between people, around people, out into space and so on. We got a connected view of the universe that means information is everywhere and is available.

Physicists, chemists and biophysicists don't like action at a distance because it requires a field theory, and it is a bit hard. In order to get chemistry to work, the atoms and the molecules have to be next to each other and this cannot be. So if you have a control system, it has to work at a distance. You have got to have every cell of the body knowing what every cell is doing. It is going to be instantaneous. It can't be chemical as chemistry is too slow. So we come back to the field theory of biology, which was popular in the 1920's and was dropped because the chemical companies said we are going for a



chemical model of the body.

***QH:** Explain the chemistry and physics of the body.*

PF: The laws of physics take precedent over the laws of chemistry. That is a big statement and I think most scientists would agree, unless you are a chemist. So everything has to obey the laws of energy, which is physics, and that includes chemistry. You have to know that physics is the boss and the chemistry has to do what is possible in physics. Then we found that modern medicine and modern biochemistry doesn't match back to physics, it is like two different worlds. One is this and one is that. But one must control the other according to the structure of matter.

It is over-specialization that has caused this appalling problem whereby biology and physics don't match up. We are saying that they have got to match up if there is a control system. If we find a control system, it is going to be a physics field control system. I am not a physicist, I am an old school teacher who got into Chinese Medicine, has had to stay up late at night reading physics books that were door stoppers with big words and I could find

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nothing in the physics books for years that matched what I was seeing happening in my experiments using Chinese medical experiments.

Finally we finally found Feynman. Feynman is about reactions of light with electron and inter-reactions of energy between particles; it might seem a long shot that this might have anything to do with medicine, but it makes a field and it makes something called the quantum electrodynamic (QED) field and we said 'yes', because I had done experiments showing we could block and we get a field, and I found out how to set up a QED field.

QH: What is a QED Field and how does it relate to health?

PF: If there is a control system, it is a field system and the field has to be able to work.

Have you ever thought, “Why we don’t get too hot and burn up? How is it that the body manages to keep the core temperature?”

If the core temperature of your body increases by more than 1.5 degrees centigrade, you die.

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How does the body, night and day and fair-weather and foul, manage to adjust the body's temperature by one degree for 70- 80 years?

QH: The Medical profession would say that it is done by the brain.

PF: They don't know. They think it is the thyroid or the liver. I don't think anyone knows how the body regulates its temperature. We are talking about basics. How does the body regulate its blood pressure, its temperature, its PH, its heart rate? All the big ones. And they say it is the mid-brain. This is the normal neurological response. But what controls the mid brain? (You remember that picture of the elephant supporting the earth, and then one bright spark in ancient Greece said 'yes, but what is supporting the elephant'? And they said it is another set of elephants. Suppose we don't have elephants. It is one of those).

Well what is controlling the mid-brain? You have to get something, which is autocephalous, it means having its own brain, its own head; our bodies control themselves. They don't need that much but our body adjusts its own PH, its own temperature its own blood pressure and so on. It knows when

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to stop growing and when to start, but **how** does it know?

Until now it was thought to be genes, but it doesn't appear that genetics can give us enough to convince us that that is the control system. I am convinced that it is not the control system of the body; it is the library of the body to remember how to make 200,000 proteins. It is not the same as remembering the mechanism for adjustment, the very fine adjustment of temperature and pressure over your life span. So we went for a field which is able to do things long distance. People think we have an electrical field and a lot of work has been done on that for 40 years, on the electrical characteristics of the body, but it is not enough to explain it all.



"The information is the control and the field is the carrier."

QH: How does an electrical field control the heart, the PH, the temperature?

PF: It's got to have information in it. The information is the control and the field is the



carrier, so what we are saying hasn't been said before. We are saying to get a medical system to go you have got to have a carrier and you have to have information; energy and information together means control system.

We were lucky enough to get clues out of a physics experiment that I did, that Harry put me up to. It turned out that he was right.

Now all of this sounds like something out of fantasyland and we have the ultimate test in science. Does it work? I have got a big rubbish bag full of bottles of things that didn't work. Every now and then you would find something interesting and you would keep with that. So the big test is does it work? And if it does not, you drop it. I have been dropping things for thirty years that didn't work, and we are left with a very small proportion of things that have an effect. So I'm saying, this is all worked out on trial and error, and that is a monumental effort of testing over years and years.

We're getting enormous support from doctors in Europe and doctors in America because they are saying where do we go next? We've got to the end of intervention; we've got to the end



of poisonous substances. What else is there?

They've got to bite the bullet and say, "...well maybe some of our theories weren't right, and we could revise them", and that's all we are asking. Have another look and see if you want to go down the bioenergetic path. I think many doctors are not very happy with their position in relation to more or less having to hand out somebody else's products. They see themselves as an intermediary for a company. This isn't what medicine is about, so we get support from many doctors right around the world. It's not as 'them and us' as you may think.



"We are saying to get a medical system to go you have got to have a carrier and you have to have information; energy and information together means control system. "

There are many doctors who absolutely love it. And, they are taking it up.

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