



SHOPPING LIST TYPE B

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PRODUCE:	DAIRY:	MISCELLANEOUS:
<input type="checkbox"/> Beets <input type="checkbox"/> Broccoli <input type="checkbox"/> Cabbage <input type="checkbox"/> Carrots <input type="checkbox"/> Eggplant <input type="checkbox"/> Ginger <input type="checkbox"/> Kale <input type="checkbox"/> Peppers <input type="checkbox"/> Sweet potatoes <input type="checkbox"/> Bananas <input type="checkbox"/> Cranberries <input type="checkbox"/> Grapes <input type="checkbox"/> Pineapple <input type="checkbox"/> Watermelon	<input type="checkbox"/> Eggs <input type="checkbox"/> Butter <input type="checkbox"/> Mozzarella cheese <input type="checkbox"/> Feta cheese <input type="checkbox"/> Cottage cheese <input type="checkbox"/> Goat cheese <input type="checkbox"/> Ricotta <input type="checkbox"/> Cow milk <input type="checkbox"/> Yogurt	<input type="checkbox"/> Olive oil <input type="checkbox"/> Walnuts <input type="checkbox"/> Almonds <input type="checkbox"/> Almond butter <input type="checkbox"/> Kidney beans <input type="checkbox"/> Navy beans <input type="checkbox"/> Spelt bread <input type="checkbox"/> Oat bread <input type="checkbox"/> Parsley <input type="checkbox"/> Pepper, cayenne <input type="checkbox"/> Ginger tea <input type="checkbox"/> Peppermint tea <input type="checkbox"/> Green tea
BAKING:	MEAT/SEAFOOD:	OTHER:
<input type="checkbox"/> Spelt flour <input type="checkbox"/> Brown rice flour <input type="checkbox"/> Oat flour <input type="checkbox"/> Millet flour <input type="checkbox"/> Baking powder <input type="checkbox"/> Sea salt <input type="checkbox"/> Blackstrap molasses <input type="checkbox"/> Agave	<input type="checkbox"/> Lamb <input type="checkbox"/> Venison <input type="checkbox"/> Turkey <input type="checkbox"/> Cod <input type="checkbox"/> Flounder <input type="checkbox"/> Salmon <input type="checkbox"/> Mahi Mahi <input type="checkbox"/> Halibut	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>