



Study to assess the use of NES miHealth ‘MIND functions’ with the meta-healing process

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Abstract

The aim of this study was to assess whether or not the NES miHealth was an effective adjunct tool for resolving conflict shocks during meta-healing therapy. The method used to collect the data was an online self-assessment questionnaire. 60 participants took part in this study 48 female and 12 male. Results showed that for all variables an improvement in main presenting issue was obtained. The greatest difference in scores was seen for Emotional issues and Digestion issues.

Introduction

The META-Healing Process was developed by Richard Flook after 20 years practice in applying, training and working with a multitude of therapeutic and energetic disciplines, plus a special collaboration with the late Peter Fraser Chief Scientific Officer for NES Health. The process is a unique combination of the NES brain holograms including Liberator and new understandings of the influence the heart has on the human body field.

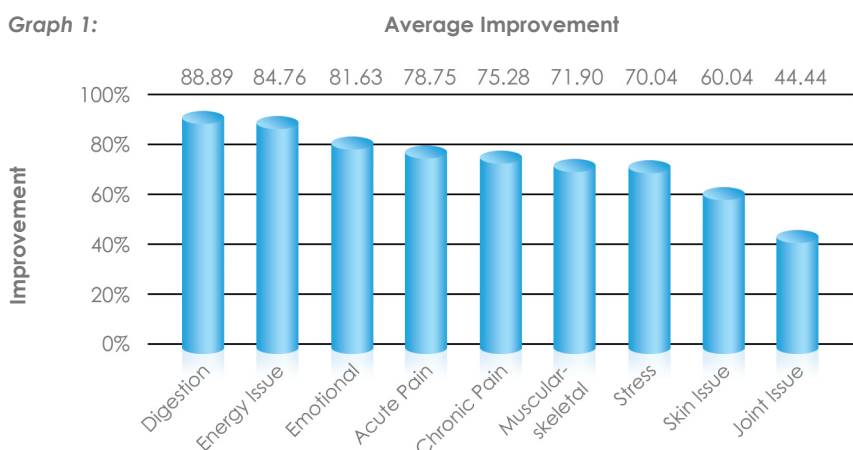
Through the use of the NES Brain Holograms and a set of questions related to where the disease is located in the body, brain and heart, questions that Richard developed, a META-Healing Process practitioner can locate the underlying energy that created the disease to occur in the first place. Once this energy has been uncovered, which usually takes minutes, the energy is then released using NES Liberator and some simple questioning.

Method

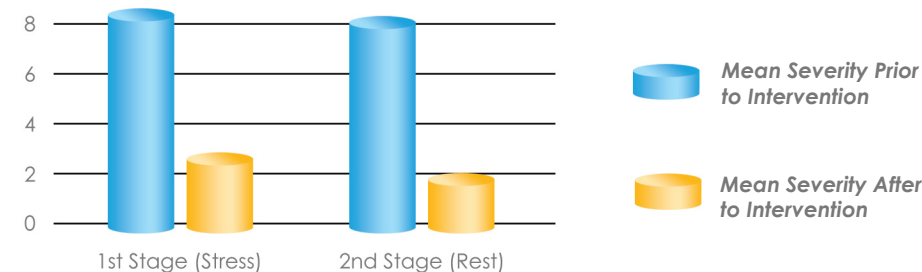
- Online self-assessment forms were used to collect data.
- The meta healing protocol involved using one of the four NES ‘Brain Infoceuticals’: BSH (Brain Stem Hologram), CH (Cerebellum Hologram), CMH (Cerebral Medulla Hologram), CCH (Cerebral Cortex Hologram) as a NES miHealth function, either via the magnetic field on broadcast mode or transmitted alongside electro-stimulation via the electrodes.
- The practitioner established which embryonic layer and therefore which NES Brain Infoceutical to use. As an example, if the issue was related to digestion then BSH was used, as the brain stem contains fibres that innervate the digestive tract.
- As the Infoceutical was applied specific questions relating to the trapped energetic shock were asked. As the trapped energy that was causing the disease/pain/issue came up, a net effect of the questioning and brain Infoceutical combined, other specific questions were asked and the practitioner took the client back in time to the root of their problem. Then Liberator was applied and the energy was released.
- Changes in the underlying energy behind the symptoms were quickly noted by the client and the client was then tested for how the disease/pain/issue had changed.

Results

- There was no significant difference in the response between male and female.
- A better outcome of the therapy could be observed in the age range of 25 – 74 years than for younger or older patients.
- The therapy was similarly effective for both, acute and chronic issues
- There was no significant difference between the results of the subjects that were left wired or right wired. That is, in this study the way the brain was wired had no effect on the result.
- Digestion, energy issues and emotional issues showed the greatest improvement – see Graph 1.
- The clients reported a lower mean severity rate after intervention than before intervention. This was found to be statistically significant for clients those were 1st stage (Stress) and 2nd stage (Rest). Thus the intervention proved to have a significant impact for both phases of the clients. See Graph 2.



Graph 2: Mean Severity Prior to and After Intervention across Phases of META-Healing Diagnosis



For analysis purpose three effectiveness groups were created – slightly effective, moderately effective and highly effective. For clients who had difference of 3 or below were grouped as slightly effective; for those with a difference between 4 – 6 were grouped as moderately effective; and for those who had higher than 7 were grouped as highly effective.

Over 50% of all participants saw a high effective of the therapy, see table 1. This means that over half of the subjects reported a reduction in their main issue of 7 points or more.

Table 1: Effectiveness of the intervention

| Effectiveness of the Intervention | Freq. | Percent (%) |
|-----------------------------------|-------|-------------|
| Slight | 9 | 15 |
| Moderate | 19 | 31.67 |
| High | 32 | 53.33 |
| Total | 60 | 100 |

Discussion

The theory behind NES miHealth is that the body is surrounded and permeated by an energy field which carries information. Disturbances in this energy field are reflected in emotional disturbances. When a person thinks about an emotional problem, the central nervous system is activated. When the miHealth is simultaneously introduced at the time that the emotional event is brought to mind, the receptors that are present in the skin send an afferent signal to the central nervous system. It is suggested that the signal sent by the miHealth adds “noise” into the emotional process, which alters its nature and its capacity to produce symptoms.

It was found that emotional issues and digestion responded best in the trial, the probable reasons can be drawn from this regarding the META-Healing Process and the use of the miHealth are that digestive issues are regarded as relatively straightforward to deal with out of all the issues that are presented to a trained META-Healing Process practitioner. As regards emotional issues all of the trained practitioners have their basis in healing using techniques that involve clearing of emotions; their experience in this area was a probable reason for these results showing so well.

Acute pain responded least well was significant because in META-Healing Process teaching acute pain is brought on by a part of the body healing swelling often occurs during this time to support this healing, this swelling, due to edema (water collecting in and around the location of the healing) are required by the body to complete its healing.

Protocol of Infoceuticals – seems to show that is best when Liberator used first. The way the META-Healing Process is taught is to find the underlying conflict using the brain holograms first followed by clearing the trapped energy using Liberator.

Conclusion

The meta-healing process is greatly enhanced by the use of the NES miHealth, and this combination therapy is an effective therapy for resolving emotional conflict shocks that underlie physical and emotional illness. The NES miHealth is a useful adjunct to energy psychology techniques in general and meta-healing/ACE in particular.

References

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