

The Use of NES Health Therapy in Substance Use Disorder:

Two Documented Case Studies



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Introduction

I have been working within the field of addictions since 2005 and have worked for a number of organisations funded by the local DAATS [Drug and Action Alcohol Team] within an NHS setting. I was drawn to work with this particular client group due to my personal success of overcoming drug addiction. I have been trained in orthodox methods and techniques for working in this field, but I also feel that there is room for the more holistic, alternative approach. Stepping outside of the box and looking at 'subtle' energies and the spiritual connection (or lack of), has become a huge passion of mine.

I was introduced to NES ProVision in 2010 and I became very interested in the principle and concept. Hoping to find alternative ways of working with such a challenging client group, I decided to attend the NES training.

It was on my first training that I met with Sarah Turner, the head of NES research, who suggested that it would be a good idea to trial the use of NES Health therapy within the field of addictions. The following two case studies have been carried out in order to assess how NES Health therapy may be beneficial for individuals with substance misuse problems.

Background

What constitutes Substance Use Disorder?

According to the current Diagnostic and Statistical Manual of Mental Disorders (DSM-IV), substance dependence is defined as:

"When an individual persists in use of alcohol or other drugs despite problems related to use of the substance. Compulsive and repetitive use may result in tolerance to the effect of the drug and withdrawal symptoms when use is reduced or stopped. This, along with Substance Abuse are considered Substance Use Disorders"

For the subjects participating in this study, the main substances that are misused are crack cocaine and heroin, with the main treatment being methadone. Methadone can block the euphoric effects of heroin, morphine, and similar drugs. As a result, properly dosed methadone patients can reduce or stop altogether their use of these substances. However, this pharmacological intervention does not deal with the underlying emotional, psychological and spiritual issues, that may have contributed to the drug dependence and the particular life choices.

In this study the author hopes to use NES Health therapy to gain a more holistic evaluation of two individuals with drug dependence, and to assess the effects of NES Infoceuticals as a means of activating the self-healing and self-regulating mechanisms with a view to helping these subjects make better life choices.

Methods

Two clients were selected from the researcher's database of clients, on the basis of their enthusiasm to take part in the study and their history of long-term substance abuse.

Both the subjects had previously engaged with holistic medicine interventions (EFT, Reiki, acupuncture and group work) and both had previously reported a positive effect on mental, physical and spiritual health. Because of this, these subjects were thought to be suited to this type of 'Information medicine' in general and NES Health treatment in particular.

Consent forms and socio-demographic forms were filled in with the clients prior to the first NES scan. Several subjective self-assessment forms were also used to assess each client's propensity to change his/her behaviours as well as to assess their current level of self-esteem.

Measures:

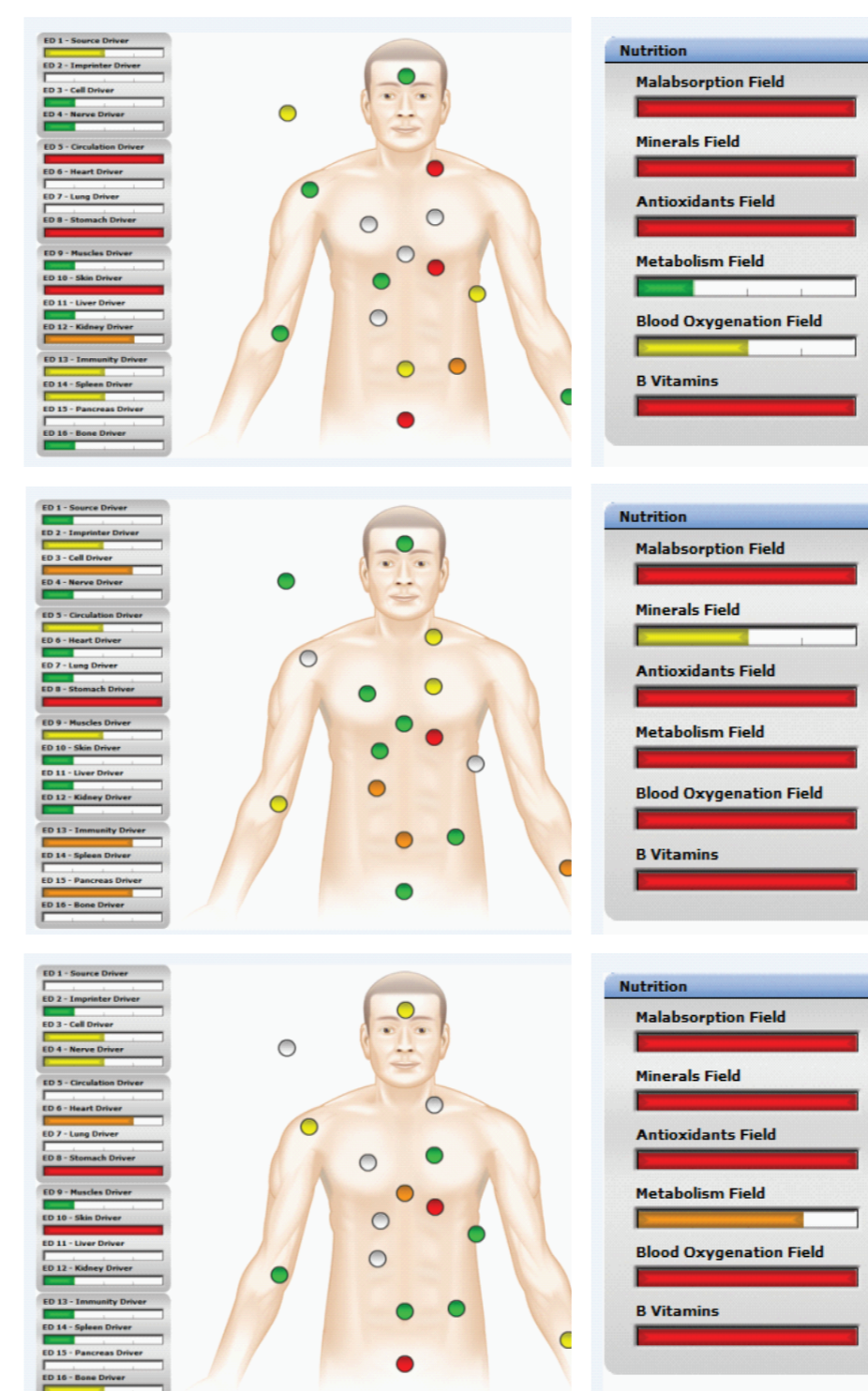
- > MYMOP2 (Measure Yourself Medical Outcome Profile)
- > Rosenberg Self Esteem Scale (Rosenburg 1965)
- > SOCRATES 7DS (Personal Drug Use Questionnaire)
- > NES Health scan

Protocol:

Two bottles of NES Infoceuticals were given at each time point to keep the protocol simple. For this reason, only Energetic Drivers and Big Fields were given. The dose was set to 9 drops per day to aid compliance. As alcohol consumption was also an issue for these subjects, and due to the restrictions of taking alcohol based products into the hostel, the Infoceuticals were produced using a salt based carrier solution.

The full consultation was carried out in a formal setting by the lead researcher. The time scale of the study was two months.

Scan Results Case 1



Scan 1.

After one month using the Infoceuticals, subject 1 showed increased coherence in his body-field, which correlated to client's report of increased physical vitality and greater self-confidence. The subject was able to reduce illicit drug use.

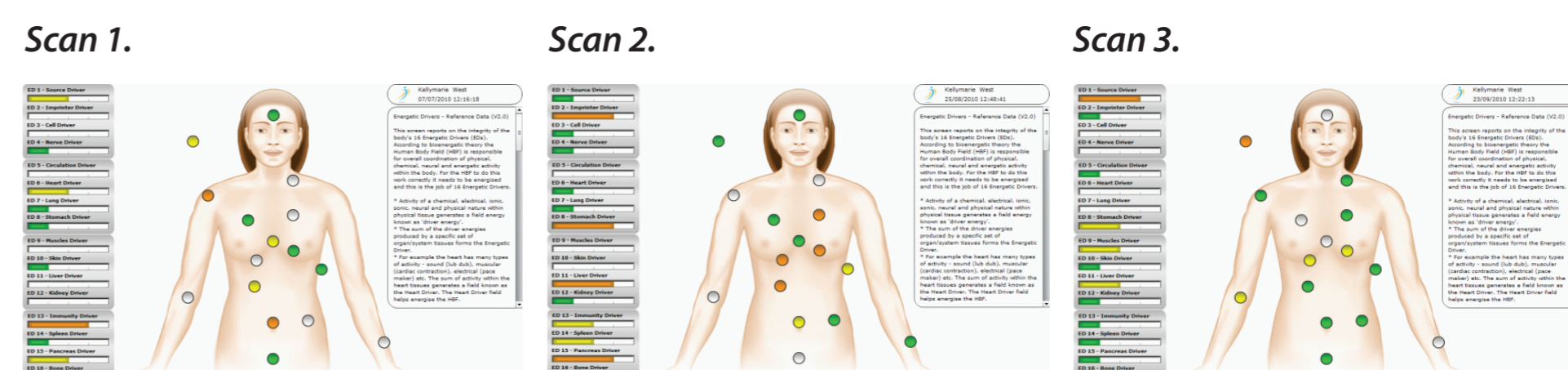
Scan 2.

During the second month, due to emotional stress, the client relapsed into drug use, did not comply properly with the Infoceutical protocol, and the second scan showed a dramatic increase in body-field distortions.

Scan 3.

Especially distorted throughout the two month trial was Stomach Driver and items on the Nutrition screen, which correlated to the subject's persistent state of severe nutritional deficiency.

Scan Results Case 2



Scan 1.

Scan 2.

Scan 3.

After one month on an Infoceutical protocol, subject 2 reported improvements in general mood and outlook. However, she relapsed to drug use in month two and was non-compliant with the protocol.

Of particular interest with regard to subject 2 is that none of her scans showed many body-field distortions. This would appear to be unexpected, but NES theory accounts for it, and it is common for a field that has been distorted through shock and trauma. In especially distorted fields that are near 'shut down' state, distinctions do not show up at first. Only after several months of Infoceutical usage will the field be sufficiently coherent to allow a meaningful scan. What did stand out, however, was ES 9-Audio shock, which correlates to the subjects reports of past chronic ear infections and hearing voices in her head.

Conclusions

This study has pointed out a number of key factors that may help in future studies in the field of addictions or working with this client group:

- 1. Compliance** with this client group is an obstacle for NES Health therapy as the Infoceuticals must be taken on a daily basis and this is down to the client to be organised and disciplined enough to take the drops at the correct level of drops and in the right order (or take them at all).
- 2. Emotional issues** that may be brought to the surface by this therapy need to be dealt with in a supportive way, otherwise coping strategies – such as a return to drug use – may be used, which is counterproductive to the therapy.
- 3. Sporadic or continued drug use**, such as heroin and crack cocaine may make it difficult to accurately assess NES Health therapy.
- 4. Environment** and living factors play an important role in the effectiveness of a programme aimed at helping addicts make better choices, therefore a detox/rehab centre may be a more appropriate environment in which to carry out a NES study.

Although this study was inconclusive as to the efficacy of the Infoceuticals in helping this client group, several factors are relevant for revising future study protocols.