

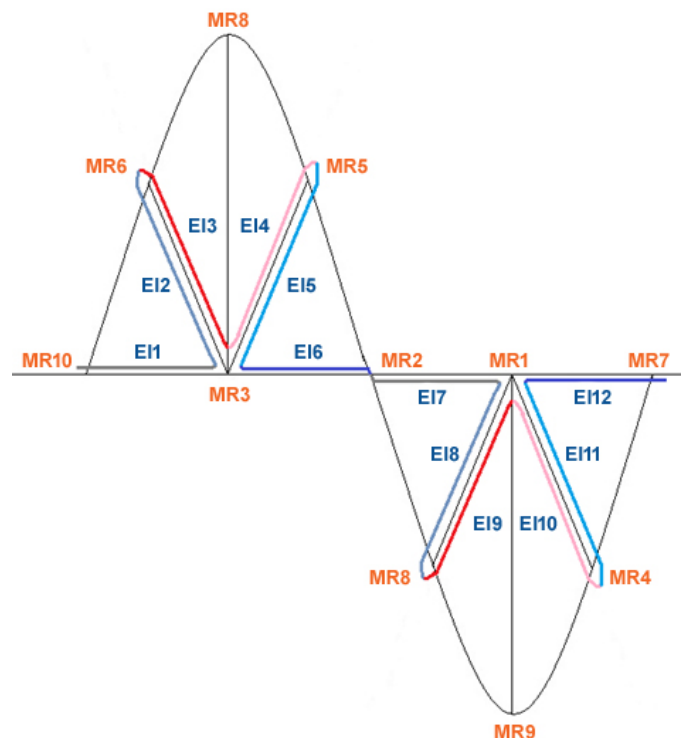
From the NES Health perspective, good health relies on optimal energy levels and the proper flow of accurate information in the body-field. The presence of toxins or pathogens, strong emotions (especially shocks and traumas), or a lack of life essentials (nutrients, oxygen, movement, etc.) can compromise these energy levels or this information flow, and our goal is to restore that flow.

**The matrix** is a term Peter Fraser used to describe the liquid crystalline connective tissue elements of the body ... a matrix to which the Energetic Integrators belong. Therefore, this matrix is associated with all the information pathways that allow our bodies to function properly. They are key to the flow of information.

**Energetic Integrators 1-12** are not distinct entities, but parts of the big body wave, a continuous flow of information. There are places along this wave where one Energetic Integrator has to give its information to the next. These must be in correct phase to ensure coherence.

**Matrix Regulators** are powerful combinations designed to unblock major distortions in the overall flow of information in the body, and they have particular resonance with these connecting points between Integrators, helping to ensure phase coherence. This makes them strong allies for the Integrators, supporting both our maintenance and healing processes. Similar to Energetic Stars, MRs do deep work that may help to restore information flow when other approaches have failed. They also help to ensure alignment of the matrix with the morphic field (the aspect of the field that controls tissue shape / growth / wasting) and the heart field.

This illustration shows the concept of this body wave and where each MR helps to connect the Integrators. This also explains why MR1 and MR3 play such key roles, connecting so many of the Integrators.



## **USAGE:**

Use the body-field scan results of the MR screen to direct the use of the MR functions of the miHealth. Use individual MRs off body for up to five minutes. They may be used anywhere in the body-field, but the scan software indicates the ideal application spots according to our matching tests.

Information on each individual MR is available in the scan software on the MR screen under miHealth, so you needn't memorize that information here, but we include the Help file information here as well (following the "Cycle" information). Please remember that all links or matches refer to bioenergetic matches only, and that we are only providing bioenergetic support to the body-field. MR readings do not indicate medical diagnoses, nor do MR treatments directly address symptoms or diseases.

### **Full Matrix Regulation Cycle**

If the Full Matrix Regulation Cycle shows up as a priority, this can be used instead of the individual MRs. It combines all MRs in a specific order along with support for the body's energetic recovery processes from complex health conditions. These processes involve the resolution of emotional shocks and traumas as well as the healing of tissues via the Energetic Terrains. This makes the full MR cycle a perfect complement to our Emotional Immunity protocol when the scan indicates the need for this cycle.

We recommend one session of this cycle each day when dealing with an acute problem until it is resolved, but for not more than 7-10 days. For chronic problems, consider using it every 3 days during a normal protocol cycle of 3-4 weeks, then see what new scan results recommend.

There is no need to work on individual MRs on the days when you are using this cycle.

The cycle is designed for broadcast use on the chest or abdomen, or otherwise in close proximity to the body, rather than active stroking using the miHealth electrodes.

Responses to the cycle can be rapid and can result in dark urine, thirst, changes to bowel habits, skin odors, and sore eyes. This indicates it is working well. If a correction response is stronger than you wish, you can reduce the frequency of sessions and/or use up to 30 drops of ESR up to 3 times a day to help smooth the response.

### **MR1: Super Cell Driver**

Area of application: both hands.

Connects EI7 to EI8. Connects EI9 to EI10. Connects EI11 to EI12.

This MR is a powerful stimulus to cells in general, but not nerve cells, which are structured differently. It is used when cell metabolism is failing due to loss of information.

Priority readings may indicate: loss of control of the morphic field over certain tissues; chronic inflammation with no known cause; or cessation of organ function with no known cause. MR1 is designed to bioenergetically clear this priority. It may also bioenergetically support the body-field in dealing with abscesses and infections.

## **MR2: Calm Mind**

Area of application: top of the head.

Connects EI6 to EI7.

This MR is for the shock that may have set off a deep disease state. There are many types of shock, and this only relates to emotional shock, as well as to mental distress. These may never be consciously identified by you. The effect is to calm the mind, which may be noticed within a few minutes, and to get to the cause of and help to clear any emotional imprinting that may have taken place.

## **MR3: Restore Matrix**

Area of application: over the stomach region.

Connects EI1 to EI2. Connects EI3 to EI4. Connects EI5 to EI6.

This MR is for emergency correction of the matrix regardless of what health problem its complications may have caused. It works by overcoming the bioenergetic blocking effects of heavy metals. This is a key to the MR series and, when showing as a priority, can double the effect of other MRs that also show as priorities.

## **MR4: Microtubule Function**

Area of application: foot soles.

Connects EI10 to EI11.

This MR matches to microtubules, dendrites, and centrioles as well as renal tubules. It is the most important corrector for the organizing centers for the microtubules and the function of the dendrites in the nerve cells. It may even have some effects on the process of mitosis (cellular division). Bunches of microtubules surround the axons, so nerve trunks may also be affected.

MR4 matches with a long list of negative emotions but *not* to any positive ones. This may be the intersection of emotional information and the physical body. For this reason, it may be more beneficial when used in conjunction with Heart Driver (ED6), Heart Imprinter (ED2), or any of the ETs (all of which link to the myocardium), but only when the scan shows them as a priority.

MR4 links the matrix to the morphic field, so it is of critical importance. MR4 also matches with several other MRs, making powerful combinations when these show up as priorities in the scan along with MR4 and are used in the same protocol. It also works well with ESR.

### **MR5: Harmonize Emotions**

Area of application: over the navel.

Connects EI4 to EI5.

This MR does not match to any diseases or organs, and only matches one tissue type: neurilemma (the thin sheath around a nerve axon). Because of this, there is a match with all of the Energetic Terrains. There is a strong indication of psychosomatic disease here.

Some of our matching research shows a bioenergetic connection between MR5, the caudate nucleus, and hearing.

This MR is for emotional patterns that form self-preserving loops in behavior. It is used for the emotional triggers when they appear.

Harmonizes event memory and DNA memory.

### **MR6: Reconnection**

Area of application: around the neck.

Connects EI2 to EI3.

In certain serious health problems, where toxins damage the link between the matrix and the DNA, Energetic Integrators 6-10 are found to “drop out.” Especially with Source Driver when it shows as a priority, this MR is meant to help restore these Integrators.

This MR is designed to bioenergetically relieve stress associated with collapse of the matrix from EI6 through EI10. This collapse may be caused by a number of serious health problems, including classical homeopathic miasms, all of which are related to Energetic Terrains according to NES testing.

### **MR7: Calcium and Terrains**

Area of application: toes of the feet.

Represents the end of the big body wave, thus handing information off to MR10 between EI12 and EI1 to continue information along the wave.

This MR matches to all the Energetic Terrains and, like MR6, to the classical homeopathic miasms, all of which are related to Energetic Terrains according to NES testing. Our matches especially indicate a link to the combined ETs 4 and 6 which, when both showing as priority, connect bioenergetically to asthma. Peter Fraser felt that asthma was an indication of the body attempting to heal itself through the ET system but being unable to successfully do so.

There is also a match with calcium phosphate, but not other calcium salts. Thus, it may be related to some health problems involving calcium.

### **MR8: Growth Cone Regeneration**

Area of application: ears.

Represents the peak of the big body wave (the “Fire of Heaven” element in TCM). Also connects EI8 to EI9.

Growth cones are found on the tips of nerve cell dendrites and axons. In the growth phase of dendrites and axons, their sensory, motor, integrative, and adaptive functions are found here. Our research shows that these withers and die when exposed to mercury from any source. MR8 is designed to support growth cone regeneration, as well as amino acids when used with MR2, if MR2 also shows as a priority.

Like many Matrix Regulators, MR8 bioenergetically matches to a number of health conditions; perhaps most obviously connected with its link to growth cones, it may provide support in cases of neural degeneration (especially with EI5 and EI7 if they show as priorities) and nerve deafness.

It also matches with MR4, making these two a powerful combination to use if they both show up as priorities in scan results.

### **MR9: Freedom**

Area of application: heart region of the chest.

Represents the trough of the big body wave (the “Fire of Earth” element in TCM). It has not been matched to connecting specific EIs.

This is a combination of several other Matrix Regulators and acts as a facilitator for all the previous MRs when they also show up as priorities. It works in a general way across the matrix. It matches with RNA reverse transcriptase, giving it an important role in our overall healing theory.

Note: this MR was previously called “Liberation,” but we have renamed it to avoid confusion with the Infoceutical called “Liberator.”

## **MR10: CNS-Heart-Matrix**

Area of application: around the head.

Represents the beginning of the big body wave, thus receiving information from MR7 between EI12 and EI1 as they continue information along the wave.

This MR unites parts of the matrix that may have failed to scale and may, therefore, have ceased to communicate. It seeks to align three primary units of the body-field: the matrix, with its inherent scaling; the heart, with its inherent phonon communication at low frequency; and the central nervous system. Their alignment or integration and communication is necessary to good health.

Once integration of the body-field takes place, a feeling of profound relaxation may be experienced.

While MR10 does match with certain health conditions, its most important match is with MR4, which is concerned with the behavior of microtubules in normal cells, dendrites, and the kidneys. As with other MR matches, when these two both show as priorities in the scan and are used together, they can make a powerful team.